



## Newsletter week beginning 26th January



### **Mental Health and Wellbeing**

February 9th - 15th is Children's Mental Health Week. There will be various activities planned that week for children to focus on wellbeing and how to stay healthy in both body and mind.

As part of the week we have arranged a workshop for parents. Although this will be particularly focused on children with additional needs, everyone is welcome. The workshop will be on

Wednesday 11th February at 9am. Please sign up via this link: Anxiety, Mental Health and Special Educational Needs

On 10th February, it is also Safer Internet Day<sup>1</sup> and we will marking this day also.

Online safety is a continuous feature of our computing curriculum and day-to-day activities. We have seen, as we are sure have you, both the positive and negative impact the internet can have on children. The message isn't "don't use" but use safely - in the materials children are accessing; the messages they are sending and the amount of time they are spending on devices.

If you would like any specific support or advice as part of this week, please let us know via the [office@hollymountschool.org](mailto:office@hollymountschool.org)<sup>2</sup> and we will try to help in any way we can.

We will, of course, be publishing support via this newsletter and there are links to follow on our online safety<sup>3</sup> page of the school website which you can access at any time.

This is also a time reminder that **mobile phones should not be in school**. For the very few Year 5/6 children who might need them, due to the distance they travel home, these must be handed in to staff at the beginning of the day. If we find a child has a hidden phones, we will confiscate it and a parent will need to collect it. Thank-you for your support.

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<sup>1</sup><https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026>

<sup>2</sup><mailto:office@hollymountschool.org>

<sup>3</sup><https://www.hollymountschool.org/online-safety/>



## Parking



The school has received two emails recently from a concerned driver who has witnessed (and photographed) extremely poor parking outside school. **Parking on the zig-zag lines is not only dangerous but illegal.**

Sadly, this message is one that has been written about multiple times before via this email. We do not want it to take the serious injury or death of a child before people start taking responsibility for their actions.

We sent the email and photographs to the local policing team and you may have noticed them, and the civil reinforcement officers near school last week. On the spot fines will be issued if people are seen parking on zig-zag lines. Reports can also be made to 101 online<sup>4</sup>.

Wherever possible, please walk to school with your children. If you have to drive, then leave plenty of time so that you can park safely and considerately. Please be respectful of our neighbours.

## This Week



Monday 26th January:

Tuesday 27th January: Swimming Year 5

Wednesday 28th January :

Thursday 29th January: Swimming Year 3; Reception and Year 6 height and weight check

Friday 30th January: Assembly 4DM (Mrs Duke's and Mrs McKechnie's class)

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<sup>4</sup><https://www.police.uk/pu/contact-us/>

**Future events:**

2 - 5th February: Year 5 Llanrug

Tuesday 3rd and Thursday 5th February - Year 3 swimming

**Your opinion matters**

If there is anything else you would like to see being provided in our regular newsletter, let us know. Please email the school office - [office@hollymountschool.org](mailto:office@hollymountschool.org)<sup>5</sup>

Similarly if you have any other suggestions about school in general, then please let us know.

Thank-you

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<sup>5</sup><mailto:office@hollymountschool.org>